

# #6 MCM INSTRUCTIONS FOR RESTART AT LOCATION A

1	As soon as possible after the start ( within 15minutes ) send 50second boatfeed including 30second start action and one 20 second soundbite from Skipper. 03_AD_220112_Start
2	Every hour for the first 6 hours of the race at a minimum send a “Twitter” style email update to the DUTY OFFICER attention Text Team. Feel free to send more but be certain to include time sent ( UTC) in the Subject heading of the email.
3	Every hour for the first 6 hours of the race send a minimum of 1 still image via Newscaster. Make sure that the picture is instantly relatable to the text update.
4	Before hour 4 of the race send a 40 second boatfeed via Newscaster. 03_PU_220112_Start_2
5	See Live X schedule below. Be ready to transmit from your boat at the designated times.

LIVE X - SCHEDULE	
Start +1hr	TELEFONICA
Start +1.5hr	Team SANYA
Start +2hr	PUMA
Start +2.5hr	GROUPAMA
Start +3hr	ADOR
Start +3.5hr	CAMPER

Example leg - Groupama		
Start +15min	Send 50sec boatfeed	
Plus 1	Text update, still image	
Plus 2	Text update, still image	
Plus 3	Live X, 100 text update, still	
Plus 4	40 sec boatfeed, text update, still image	
Plus 5	Text update, still image	
Plus 6	Text update, still image	