

# VOLVO OCEAN RACE

ROUND THE WORLD 2008-2009

## IN PORT RACE AND PRO AM RACE SAILING INSTRUCTIONS

### 1. THE RULES

- (a) The race will be governed by the rules as defined in NOR 3.1.
- (b) For *In Port* and *Pro Am* racing, the sailing instructions of Addendum Q take precedence over any conflicting instructions.
- (c) Rule 41(a) is changed to 'help for an ill or injured crew member or person leaving a Boat by accident'.
- (d) NOR 3.8(b) is changed to: 'Only *Crew Members* as per NOR 4.1(c), spares, equipment and provisions and sails as declared as per (a) above shall be on board when the *Boat* leaves the dock on the day of an *In Port Race* and shall be the only personnel, spares, equipment, provisions and sails on board prior to and whilst racing'.
- (e) NOR 3.8(c) does not apply.
- (f) The *Media Crew Member* referred to in NOR 4.1 (c) shall only perform media duties and shall not contribute to the performance of the boat.
- (g) Further to NOR 4.2 (a) (iv) the race committee will nominate 2 guests. Teams shall take a minimum of 4 guests per Pro Am Race.

### 2. COMMUNICATIONS

The Race Committee may broadcast race information on VHF before and during each race, the channel number will be advised at the In Port briefing. Information given or received by the Race Committee by VHF shall not constitute Outside Help under RRS 41. Failure of such communication to be given or received, delay in notification or the sequence of such notification shall not be grounds for redress. This changes RRS 62.1.

**3. CHANGES TO THE SAILING INSTRUCTIONS**

On *In Port* and *Pro Am Race* days a morning briefing will be held at 08.30 hours. Changes to the sailing instructions will be posted before 09.30 hours on the day they will take effect, except that any change to the schedule of races will be posted by 2000 hours on the day before it will take effect. <http://NoticeBoard.VolvoOceanRace.org>

**4. INTERNATIONAL JURY**

Refer NOR 3.5

**5. SCHEDULE OF *IN PORT* RACES**

(a)

Saturday	4 <sup>th</sup> October 2008	Alicante
Saturday	10 <sup>th</sup> January 2009	Singapore
Saturday	7 <sup>th</sup> February 2009	Qingdao
Saturday	4 <sup>th</sup> April 2009	Rio de Janeiro
Saturday	9 <sup>th</sup> May 2009	Boston
Saturday	30 <sup>th</sup> May 2009	Galway
Sunday	21 <sup>st</sup> June 2009	Stockholm

(b)

**SCHEDULE OF *PRO AM* RACES**

Sunday	5 <sup>th</sup> October 2008	Alicante
Sunday	11 <sup>th</sup> January 2009	Singapore
Sunday	8 <sup>th</sup> February 2009	Qingdao
Sunday	5 <sup>th</sup> April 2009	Rio de Janeiro
Sunday	10 <sup>th</sup> May 2009	Boston
Sunday	31 <sup>st</sup> May 2009	Galway
Monday	22 <sup>nd</sup> June 2009	Stockholm

(c) The scheduled time of the first Warning Signal for the *In Port Race* is 1250 hours and *Pro Am Races* is 1150 hours. No warning signal will be given after 16.20 hours.

(d) Two races are scheduled for each *In Port* and *Pro Am Race* day. The Race committee may announce the intended warning signal of the second race in accordance with SI 2.

**6. COURSE**

(a)

- (i) The *In Port* Racing course will be start, mid course gate, mark 1 (port), mid course gate, Marks 2s and 2p, mid course gate, Mark 1 (port), mid course gate, finish.
- (ii) The *Pro Am* Course will be Start, Mark 1 (port), and Finish.

- (iii) The diagram in Appendix 1 shows the course, and the side on which each mark is to be left.
  
- (iv) Mark 2 is shown as a gate, 2s and 2p. The mark 2 gate may be replaced by a single mark, in which case mark 2 shall be left to port.
  
- (vi) Courses will not be shortened. This changes rule 32.
  
- (b) At no later than the warning signal the Race Committee boat at the starboard end of the line will display the approximate magnetic bearing and distance in nautical miles to Mark 1 from the Race Committee boat.
  
- (c) The racing area will be within a spectator exclusion zone as or similar to that shown in Appendix 1.

## **7. THE START**

- (a) The starting line will be between a staff displaying an orange flag on the Race Committee boat at the starboard end of the line and a white truncated conical inflatable mark at the other end of the line.
  
- (b) A *Boat* starting later than 15 minutes after the starting signal will be scored Did Not Start (DNS).

## **8. MARKS**

- (a) Marks 1, 2s and 2p and the mid course gate marks will be black and white with an orange top.
  
- (b) The start and finish mark will be a white truncated conical mark.
  
- (c) The spectator boat exclusion zone boundaries will be marked by yellow and orange marks, the VIP area when laid will be orange and red marks, this exclusion zone does not rank as an obstruction.

## **9. CHANGING THE NEXT LEG OF THE COURSE – CHANGE MARKS**

- (a) RRS 33 (b) and (c) are deleted.
  
- (b) Race Signals, flag C is changed in that: boards may be used instead of flags.
  
- (c) To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.

## **10. THE FINISH**

The finish line will be between a flag mast displaying an orange flag on a Race Committee Boat at the port end and the starboard end finishing mark.

**11. TIME LIMIT**

The time limit shall be 90 minutes. Furthermore, *Boats* failing to finish within 20 minutes after the first *Boat* that sails the course and finishes will be scored Did Not Finish. This changes RRS 35.

**12. PROTESTS**

Breaches of instructions, 12, 13, 15, 16, 17 and 18 shall not be grounds for a protest by a *Boat*. This changes Addendum Q 2.3.

Protests and requests for Redress shall be sent to; [protests@volvooceanrace.org](mailto:protests@volvooceanrace.org)

**13. DOCUMENTATION**

Requirements as per NOR 5.1.

**14. EQUIPMENT SUPPLIED BY THE ORGANISING AUTHORITY**

Requirements as per NOR 3.10 and Appendix 1, 2 and 3.

**15. ASSEMBLY**

Refer NOR 2.6.

**16. OFFICIAL BOATS**

Official Boats will be marked as follows:

Umpire: Volvo Ocean Race white flag with '**ISAF UMPIRE**' in black

Race committee: Volvo Ocean Race pink flag with '**RACE OFFICIAL**' in black

VIP: Volvo Ocean Race light blue flag with '**VIP**' in black

Marshall: Volvo Ocean Race red flag with '**MARSHALL**' in black

Press: Volvo Ocean Race yellow flag with '**PRESS**' in black

TV: Volvo Ocean Race green flag with '**TV**' in black

Team tenders, purple flag, numbered **1- 8** in black

**17. SCORING, PRIZES AND TROPHIES**

Refer Part 6 Scoring and Prizes

**18. ADVERTISING**

Refer NOR 3.6

**19. MEASUREMENT AND INSPECTIONS**

Refer NOR 5.2

**20. MEDIA REQUIREMENT**

Unless advised otherwise by the Race Committee, *Boats* shall

- (a) Transmit video and audio via the on board microwave transmitter using the supplied media equipment. Directions regarding cameras, microphones and transmission frequency will be given by the Race Committee before 0900 on the morning of the race.  
Transmission shall commence at least 30 minutes prior to the scheduled start until at least 10 minutes after the *Boat* is no longer racing in the second race of the day or racing is abandoned or postponed for that day.
- (b) Record the video and audio on the on-board media system. Recording shall commence approximately 20 minutes prior to the scheduled start until at least 10 minutes after the *Boat* is no longer racing in the second race of the day or racing is abandoned or postponed for that day or until the three tapes are fully used.
- (c) Video and still photographs taken by the Media Crew Member shall be collected following racing.

**21. TEAM TENDERS**

- (a) Team tenders shall be clearly identified with their Teams name and or branding, and must display the Volvo Ocean Race allocated purple flag.
- (b) Each Yacht may only have one tender in the racing area.
- (c) At the Warning Signal tenders must move outside the exclusion zone and remain there until their Yacht has finished and cleared the Finish line.
- (d) Tenders must not interfere with Official Boats or other Yachts.
- (e) Tenders in breach of this Rule may have their privileges removed.

**Addendum: 1**  
**ADDENDUM Q****RULES APPLICABLE TO *IN PORT RACES* and *PRO AM RACES*.**

These sailing instructions change the definitions Finish, Proper Course and Protest, 20.1, 28.1, , 44.1 60, 61, 62, 63, 64.1, 65, 66, 70 and 78.3.

**Q1 CHANGES TO RACING RULES****Q1.1 Changes to the Definitions and the Rules of Part 2**

- (a) The definition Finish is changed to

*A Boat finishes* when any part of her hull, or crew or equipment in normal position, crosses the finishing line in the direction of the course from the last *mark*, either for the first time or after completing any penalties or, under rule 28.1, after correcting an error made at the finishing line.

- (b) Add to the definition Proper Course: 'A *Boat* taking a penalty or manoeuvring to take a penalty is not sailing a *proper course*.'
- (c) When rule 20.1 applies, the following arm signals are required in addition to the hails:
- (1) for 'Room to tack', repeatedly and clearly pointing to windward; and
  - (2) for 'You tack', repeatedly and clearly pointing at the other *Boat* and waving the arm to windward.

**Q1.2 Changes to Rules Involving Protests, Requests for Redress, Penalties and Exoneration**

- (a) The first sentence of rule 44.1 is replaced with: 'A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 (except rule 14 when she has caused damage or injury) or rule 31 while *racing*
- (b) Rule 60.1 is replaced with 'A *Boat* may protest another *Boat* or request redress provided she complies with instructions Q2.1, Q5.1, Q2.3, Q5.2, Q5.3 and Q5.4.'
- (c) The third sentence of rule 61.1(a) and all of rule 61.1(a) (2) are deleted.
- (d) Rule 64.1(b) is changed so that the provision for exonerating a *Boat* may be applied by the umpires without a hearing, and it takes precedence over any conflicting instruction of this addendum.

**Q2 PROTESTS AND REQUESTS FOR REDRESS BY BOATS**

**Q2.1** While racing, a *Boat* may protest another *Boat* under a rule of Part 2, except rule 14, but only for an incident in which she was involved, or under rule 31. To do so she shall hail 'Protest' and conspicuously display a red flag at the first reasonable opportunity for each. She shall remove the flag before, or at the first reasonable opportunity after, a *Boat* involved in the incident has taken a voluntary penalty or after an umpire's decision.

**Q2.2** A *Boat* that protests as provided in instruction Q2.1 is not entitled to a hearing. Instead, a *Boat* involved in the incident may acknowledge breaking a rule by

promptly taking the voluntary penalty provided in instruction Q1.2 (a). If no *Boat* takes a penalty, an umpire will signal a decision as provided in instruction Q3.1

Q2.3 A *Boat* intending to

- (a) protest another *Boat* under a rule other than instruction Q3.2 or Q4.2(a) or a rule listed in instruction Q2.1,
- (b) protest another *Boat* under rule 14 if there was contact that caused damage or injury, or
- (c) request redress

Shall inform the race committee of her intention to protest or request redress immediately after she finishes or retires. She shall lodge the protest or request for redress no later than 60 minutes after the last *Boat* finishes the last race of the day. The same time limit applies to consideration of redress under instructions Q5.2 and Q5.3 and to protests under instructions Q5.6. The protest committee may extend the time limit if there is good reason to do so.

Protests and requests for Redress shall be sent to; [protests@volvoceanrace.org](mailto:protests@volvoceanrace.org)

### **Q3 UMPIRE SIGNALS AND IMPOSED PENALTIES**

Q3.1 An umpire will signal a decision as follows:

- (a) A green flag or a green and white flag with one long sound means 'No penalty'.
- (b) A red flag with one long sound means 'One or more *Boats* are given an imposed penalty.' The umpire will hail or signal to identify each *Boat* to be penalized.
- (c) A black flag with one long sound means 'A *Boat* is disqualified.' The umpire will hail or signal to identify the *Boat* disqualified.

- Q3.2
- (a) A *Boat* given an imposed penalty under instruction Q3.1 (b) shall, take a One Turn penalty.
  - (b) A *Boat* disqualified under instruction Q3.1(c) shall promptly leave the course area.

### **Q4 PENALTIES AND PROTESTS INITIATED BY AN UMPIRE; ROUNDING OR PASSING MARKS**

Q4.1 When a *Boat*

- (a) breaks rule 31.1 and does not take a penalty,
- (b) gains an advantage despite taking a penalty,
- (c) deliberately breaks a rule
- (d) commits a breach of sportsmanship, or

- (e) fails to comply with instruction Q3.2 or to take a penalty when required to do so by an umpire,

An umpire may penalize her without a protest by another *Boat*. The umpire may impose one or more penalties to be taken under rule 44, each signalled by displaying a red flag and hailing the *Boat*, or disqualify her under instruction Q3.1(c), or report the incident to the protest committee for further action.

- Q4.2 (a) A *Boat* shall not round or pass a mark on the wrong side. If she does so, she may correct her error as provided in rule 28.1 only if she does so before she rounds or passes the next mark or finishes.
- (b) When a *Boat* breaks instruction Q4.2(a) and fails to correct her error before rounding or passing the next mark or finishing, an umpire may disqualify her under instruction Q3.1(c).
- Q4.3 An umpire who decides, based on his own observation or a report received from any source, that a *Boat* may have broken a rule, other than instruction Q3.2 or Q4.2(a) or a rule listed in instruction Q2.1, may inform the protest committee for its action under rule 60.3. However, he will not inform the protest committee of an alleged breach of rule 14 when there is no damage or injury.

## **Q5 PROTESTS; REQUESTS FOR REDRESS OR REOPENING; APPEALS; OTHER PROCEEDINGS**

- Q5.1 No proceedings of any kind may be taken in relation to any action or non-action by an umpire, except as permitted in instruction Q5.2.
- Q5.2 A *Boat* may not base a request for redress on a claim that an action by an official *Boat* or helicopter was improper. The protest committee may decide to consider giving redress in such circumstances if it believes that an official *Boat* or helicopter, including an umpire *Boat*, may have seriously interfered with a competing *Boat*. The race committee may request the protest committee to consider this.
- Q5.3 A *Boat* may not request redress under rule 62.1(a). The protest committee may decide to consider giving redress under that rule if it believes that an error may have been made. The race committee may request the protest committee to consider this.
- Q5.4 A *Boat* may not base an appeal on an alleged improper action, omission or decision of the umpires or the protest committee. In rule 66 the third sentence is changed to 'A *party* to the hearing may not ask for a reopening.'
- Q5.5 The race committee will not protest a *Boat* except for an alleged breach of a measurement rule.
- Q5.6 The protest committee may protest a boat under rule 60.3. However it will not protest a *Boat* for breaking instruction Q3.2 or Q4.2 (a), a rule listed in instruction Q2.1 or rule 14 unless there is damage or injury.

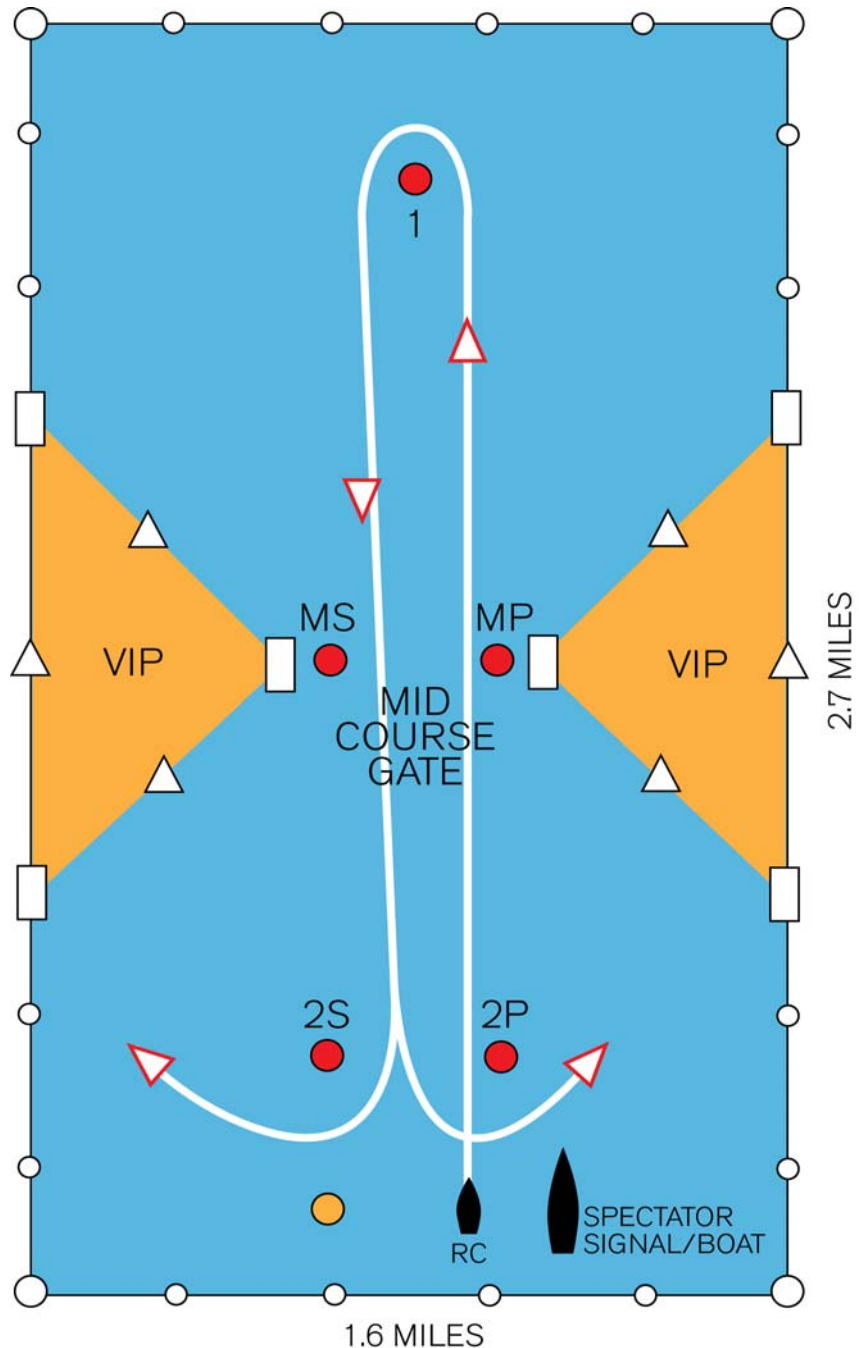
APPENDIX: 1

COURSE:

**In Port:**

Start, mid course gate, Mark 1 (port), mid course gate, 2S and 2P, mid course gate, Mark 1 (port), mid course gate, Finish.

**Pro Am:** Start, Mark 1, Finish. Note there will be no VIP area.



Dimensions, shape of the spectator exclusion zone are indicative and may change dependent on geographical or other restrictions.